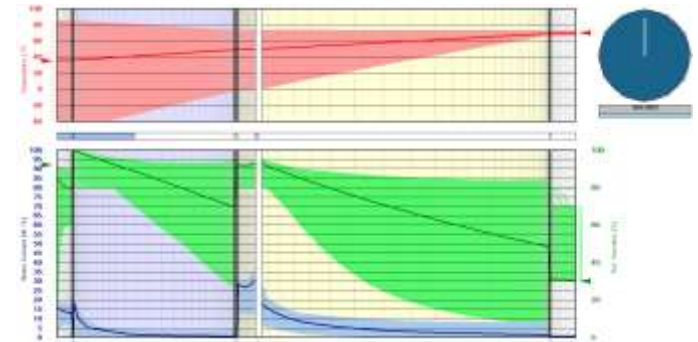


Lyle Axelarris, PE, LEED AP

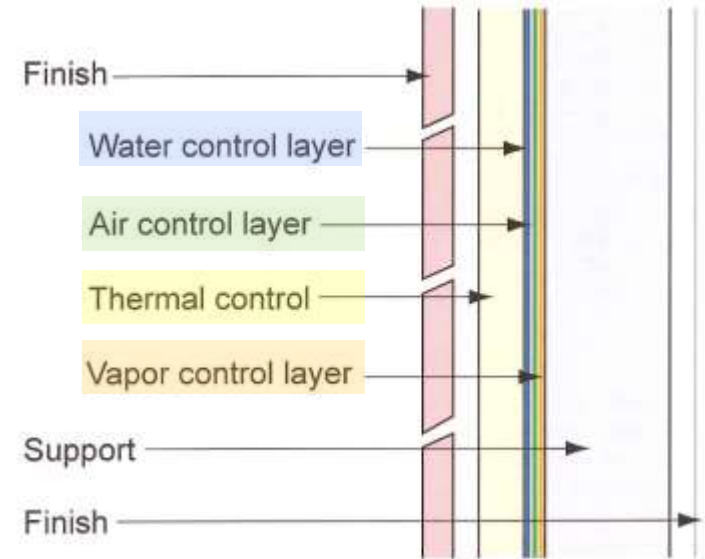
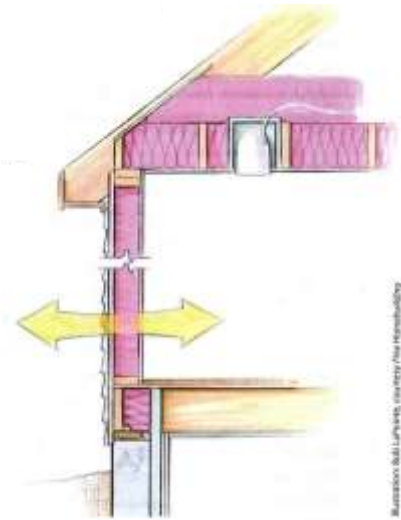
Building Enclosures | Design Alaska

Building Envelope Design for Thermal Resiliency



BUILDING ENVELOPE SYSTEMS

Foundation, Wall, and Roof assemblies are SYSTEMS of materials that must work together to provide a continuous barrier of thermal, air, and water control layers that separate the outside climate from the inside climate.



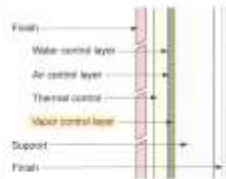
The fourth control layer is vapor diffusion, but it does not necessarily need to be a “barrier”.

Providing drying potential (low vapor diffusion resistance) is much more important than attempting to prevent vapor diffusion.

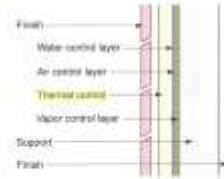
Image Credit: John Straube, Building Science Press

Image Credit: Fine Home Building

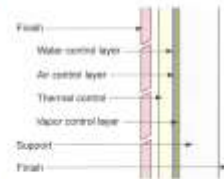
Wetting / Storage / Drying
Type & Location of Insulation matters
Hygrothermal modeling – ASHRAE 160
Vapor Profile



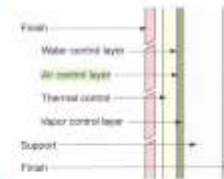
Recommended Insulation Levels
Thermal Barrier Continuity
Thermal Barrier



Recommended Insulation Levels
Air Barrier Continuity
Putting It All Together



Energy / Heat loss Impacts
Recommended Airtightness Levels
Air Barrier Continuity – localized damage
Air Barrier



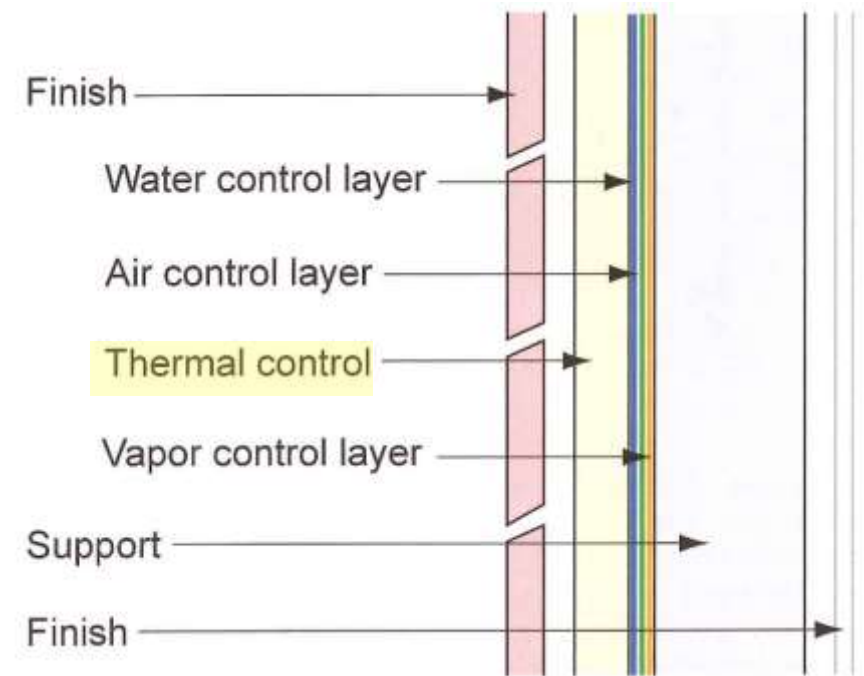
Energy / Heat loss Impacts
WD / Durability Impacts
Water Barrier



Recommended Insulation Levels

Thermal Barrier Continuity

Thermal Barrier



High-Performance Thermal Standards

- varies by climate, construction typology, economic and societal parameters.
- Does not address thermal resiliency
- Higher standards Prolong habitability of building during outage

Country/Climate Zone	Standard	Walls Minimum Insulation Value	Roof Minimum Insulation Value
	Units	°F·ft²·hr/Btu	°F·ft²·hr/Btu
Canada	Nunavut Good Building Practices	R-28	R-40
	Northwest Territories Good Building Practices	R-32	R-50
	Yellowknife - Existing Buildings	R-30	R-40
	Yukon Housing Corporation	R-28 Whitehorse R-21 Elsewhere	R-59
	General Passive House Guidelines	R-60 TO R-80+	R-60 TO R-100+
	National Energy Code of Canada for Buildings 2017 – Climate Zone 7	R-27	R-41

Country/Climate Zone	Standard	Walls Minimum Insulation Value	Roof Minimum Insulation Value
	Units	°F·ft²·hr/Btu	°F·ft²·hr/Btu
Alaska	Deep Energy Retrofit Climate Zone 7	R-50	R-65
	Deep Energy Retrofit Climate Zone 8	R-50	R-75
	Alaska Building Energy Efficiency Standard Climate Zone 7	R-25	R-54 or 48*
	Alaska Building Energy Efficiency Standard Climate Zone 8	R-30	R-59 or 48*
	MILCON Initial Compliant Standards	R-45	R-60

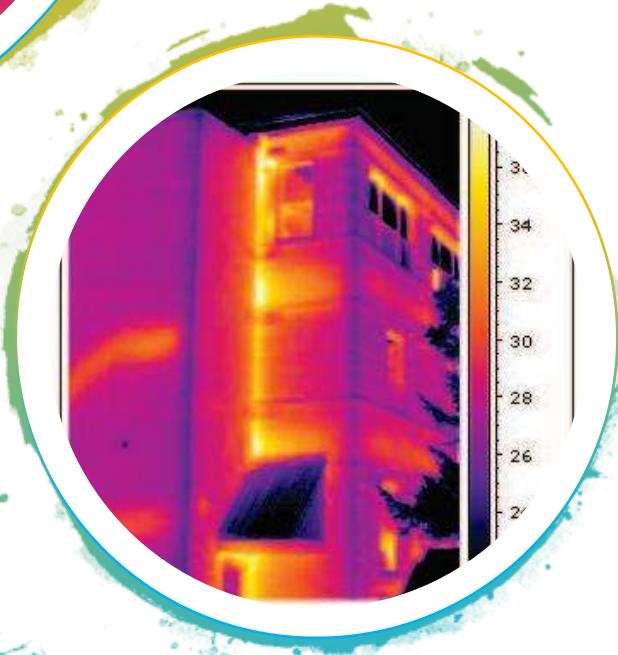
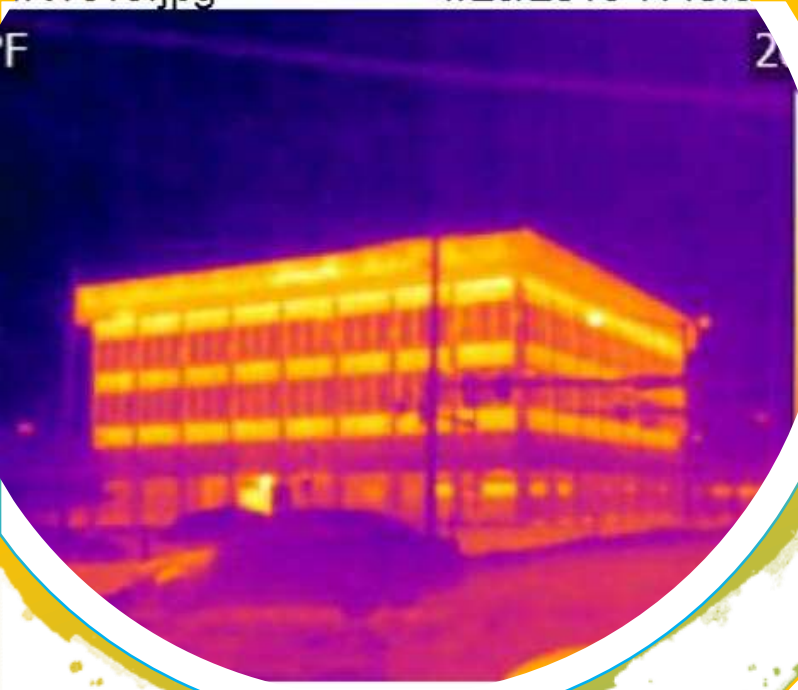
* The smaller value may be used with a properly sized, energy-heel truss.

Country/Climate Zone	Standard	Walls Minimum Insulation Value	Roof Minimum Insulation Value
	Units	°F·ft²·hr/Btu	°F·ft²·hr/Btu
China	Deep Energy Retrofit Climate Zone 7	R-19	R-19
Finland	Decree of the Ministry of the Environment on the Energy Performance of New Building	R-35	R-65
Norway	Norwegian Regulations	R-26	R-32
Greenland	Greenlandic Building Regulations	R-28 for weight<100 kg/m² or R-19 for weight>100 kg/m²	R-38 (R-28 flat roofs)

High-Performance Thermal Envelope

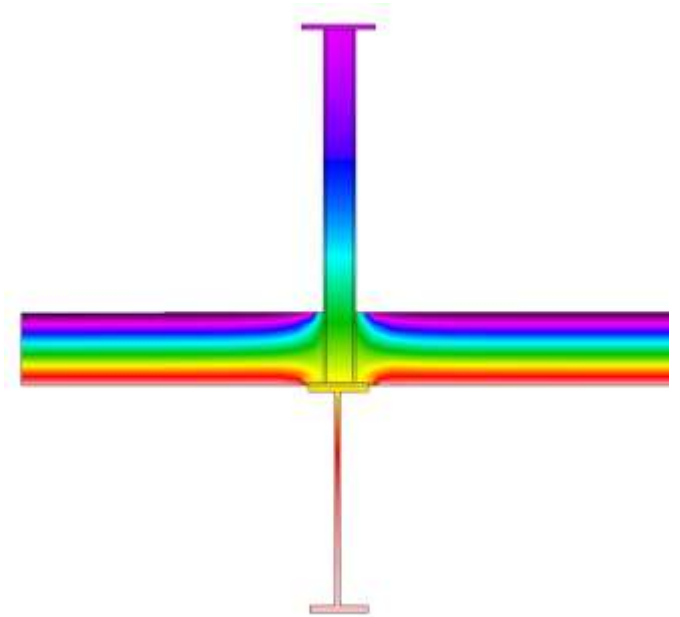
- In U.S., current high-performance standards for most federal new construction projects requires a 30% energy reduction compared to the ASHRAE 90.1-2013 baseline building.
- The most effective strategy to reach this goal is to focus on reducing HVAC loads with a high-performance building envelope.
- This will reduce energy costs, improve thermal comfort, and prolong the habitability of the building during disruptions to heat supply.

ASHRAE Climate Zone	R-Value for 30% improvement over ASHRAE 90.1-2013 ($^{\circ}\text{F}\cdot\text{ft}^2\cdot\text{hr}/\text{Btu}$)											
	Roof			Above-Grade Walls				Slab on Grade		Fenestration		
	Insulation Entirely above Deck	Metal Building	Attic	Mass Wall	Metal Building	Steel Framed	Wood Framed & Other	Unheated (Vertical Insulation for 48")	Heated (Vertical Insulation for 48")	Entrance Doors	Metal Windows (Fixed/Operable)	Nonmetal Windows
Zone 8 (Fairbanks)	46.4	50	76.5	27.1	33.3	35.1	40.6	26	32.5	1.7	3.4 / 3.3	4.1
Zone 7 (Anchorage)	46.4	44.8	76.5	18.3	29.5	26.5	25.5	9.8	32.5	1.7	3.4 / 3.3	4.1
Zone 6 (Minneapolis)	40.6	41.9	61.9	16.3	26.0	26.5	25.5	9.8	26	1.7	3.1 / 2.6	4.1



Thermal Bridging

- Energy Loss
- Condensation

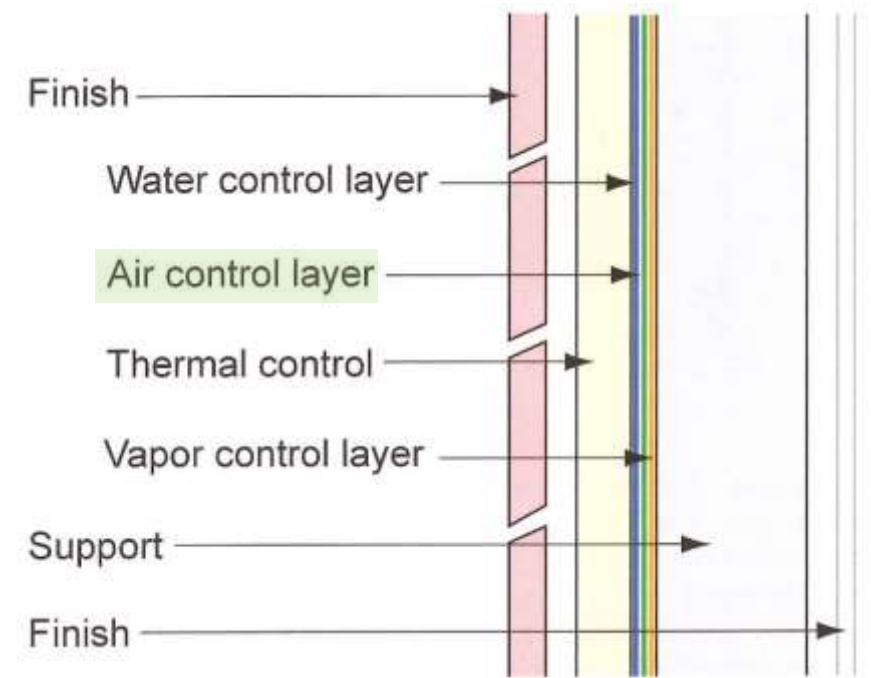


Energy / Heat loss impacts

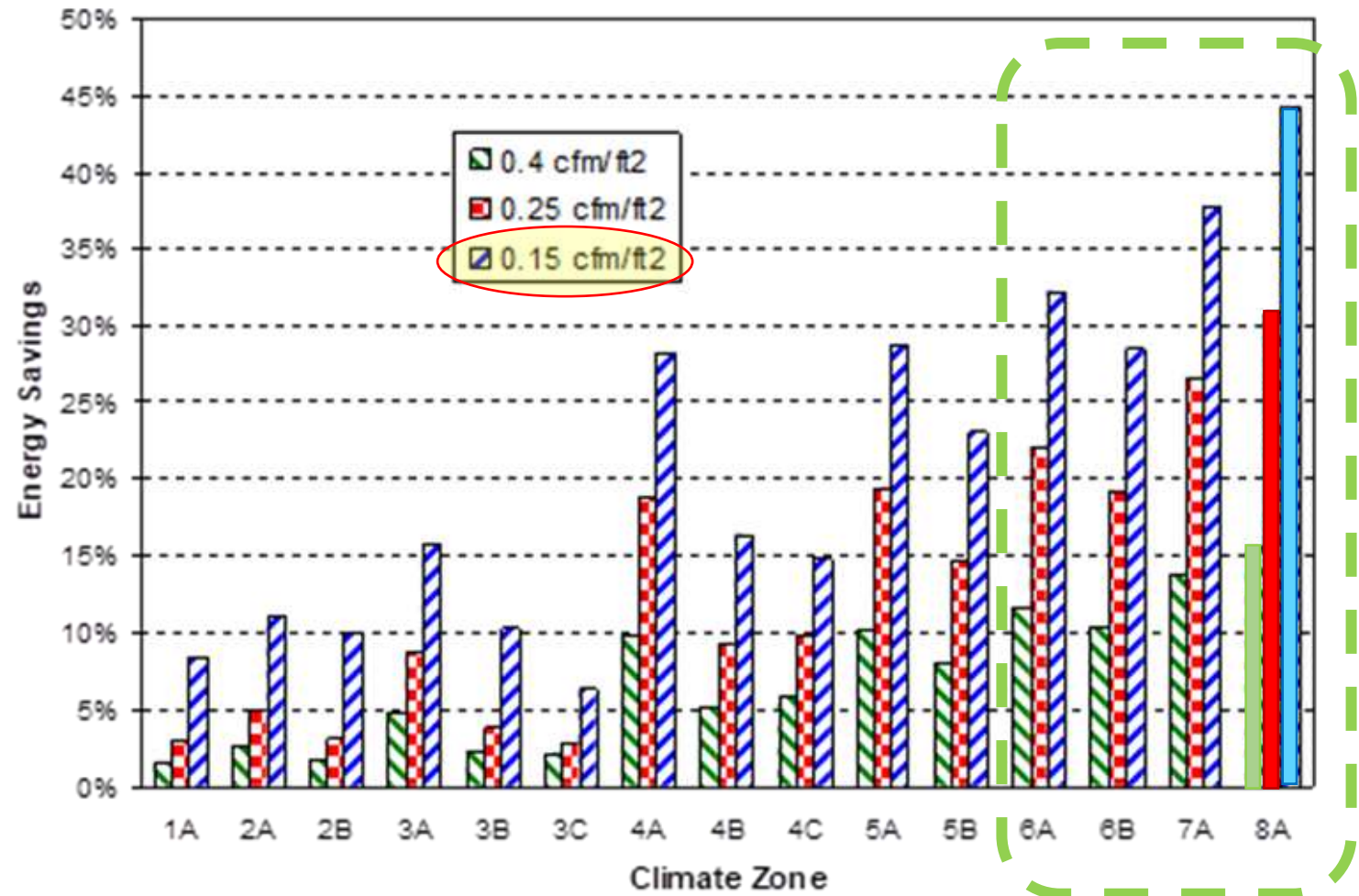
Recommended Airtightness Levels

Air Barrier Continuity – localized damage

Air Barrier



Energy Savings



Source: A. Zhivov, Herron, D., Durston, J.L., Heron, M., and G. Lea. 2014. "Airtightness in New and Retrofitted U.S. Army Buildings." *International Journal of Ventilation*. 12(4):317-330

Air Leakage

- Energy Loss
- Condensation

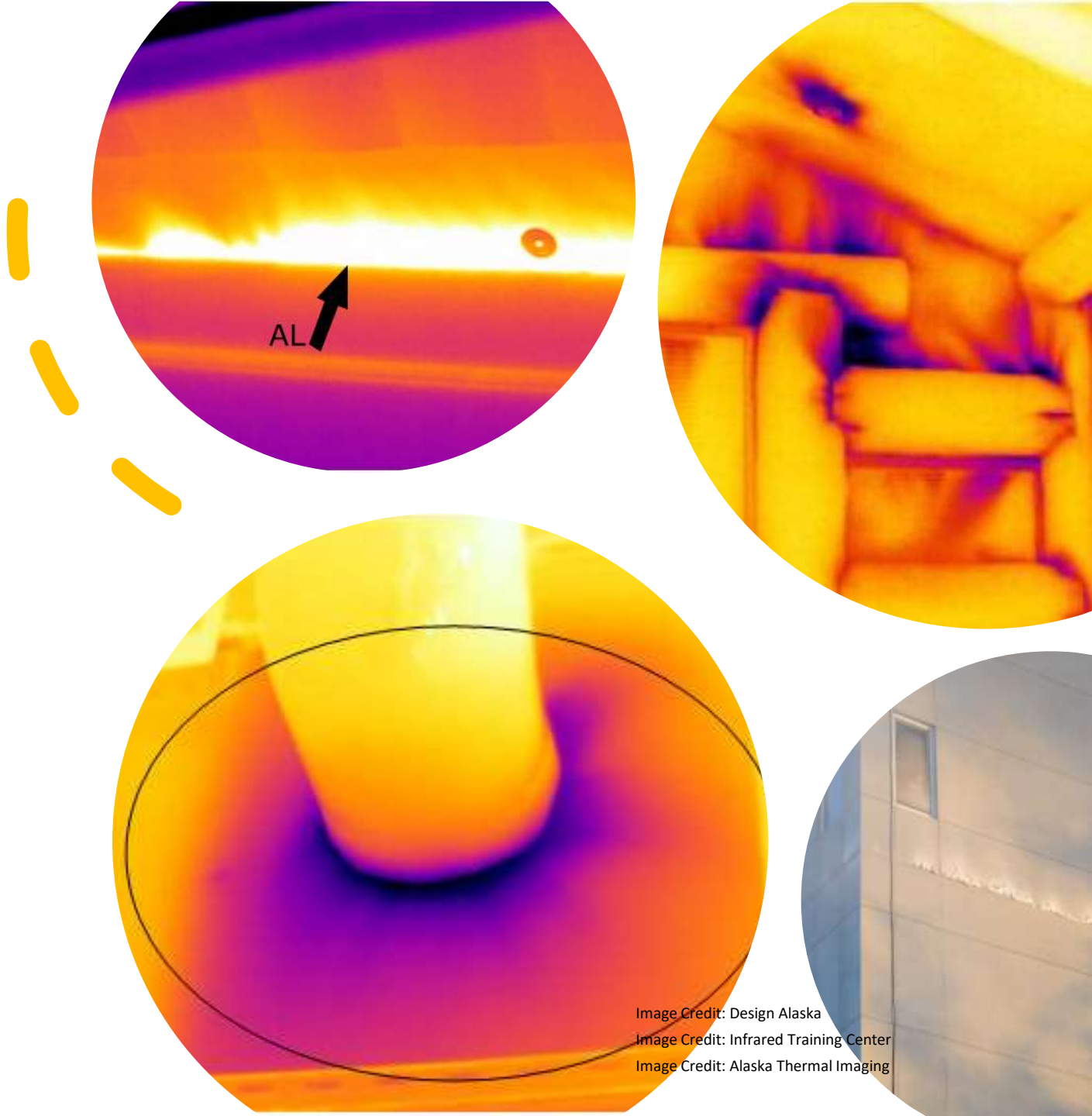
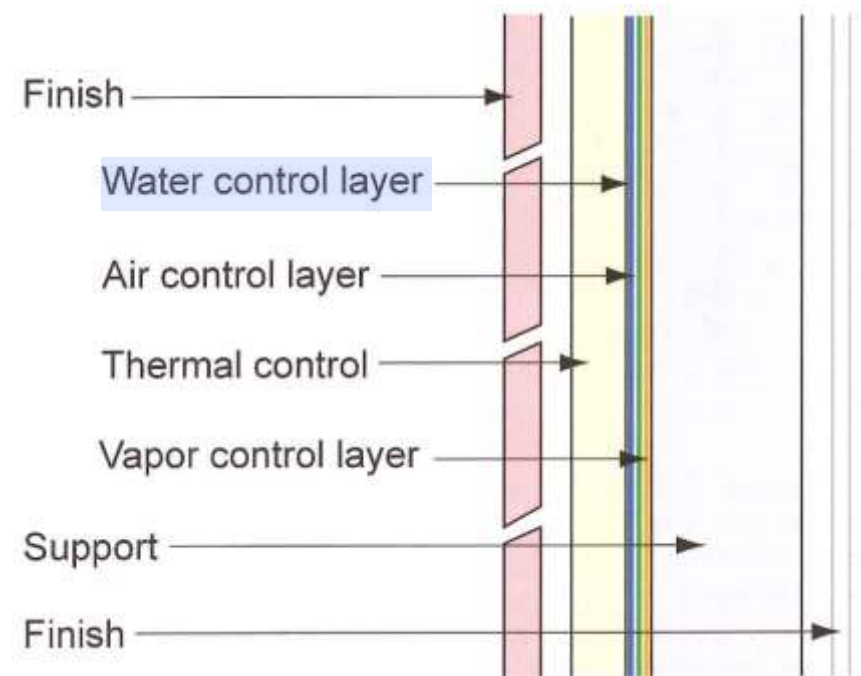


Image Credit: Design Alaska
Image Credit: Infrared Training Center
Image Credit: Alaska Thermal Imaging

Energy / Heat loss impacts

IAQ / Durability impacts

Water Barrier



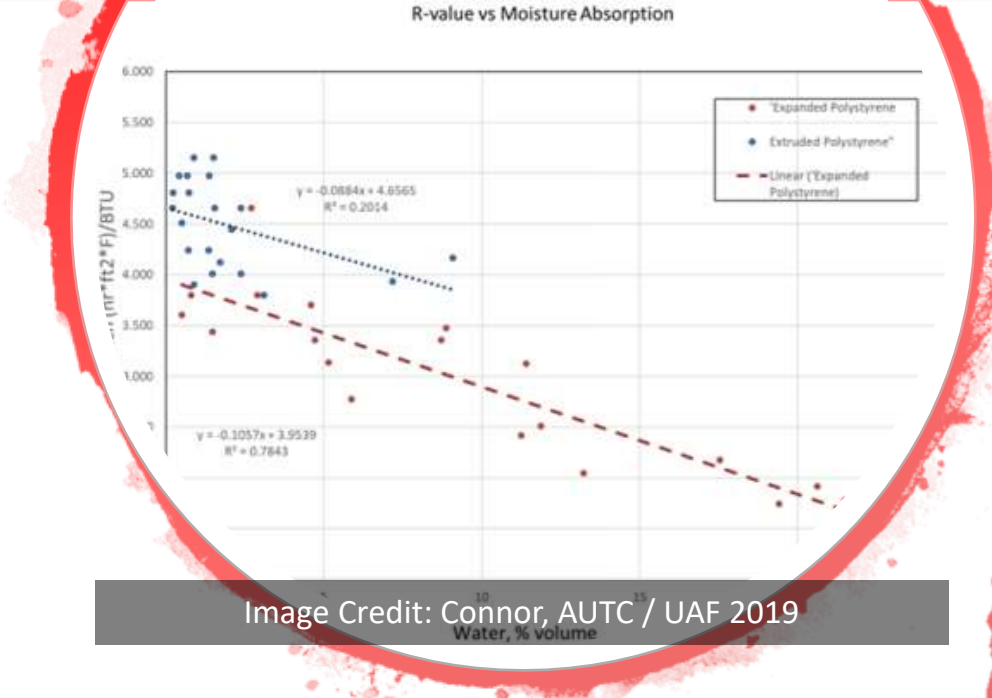
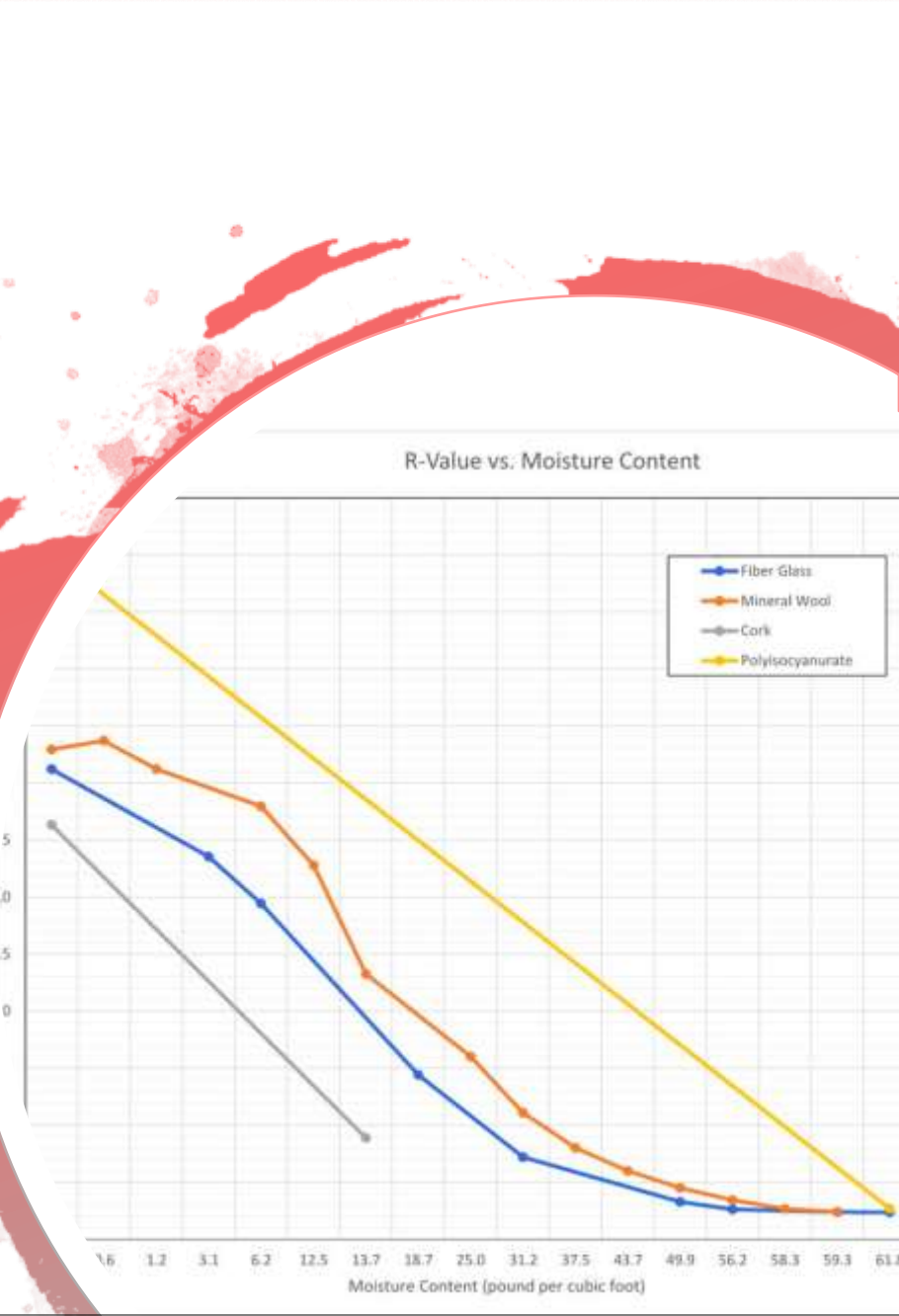


Image Credit: Connor, AUTC / UAF 2019



Data Source: WUFI material database, Fraunhofer Institute for Building Physics

R-value is dependent on moisture content

Water Barrier Failure impacts Thermal Barrier

No kickout flashing causes staining...



... rot, and poor thermal performance



Air and Thermal Barrier Failure impacts Water Barrier

Hot Roof in Winter...



... causes leaks in Summer

80% of construction defect litigation is due to moisture-related failures ¹

>\$7 Billion annually to correct moisture-related construction defects ¹

\$3.5 Billion spent annually on asthma-related medical costs attributable to exposures to dampness and mold (Berkeley Lab estimate) ²

1. Source: Fitzgerald, J. (2007). "Preventing moisture-related problems in residential wood framing." Continuing Education Center <<http://continuingeducation.construction.com/article.php?L=94&C=265>> (Dec. 5, 2007).
2. Source: D. Mudarri, W. J. Fisk (2007) Public health and economic impact of dampness and mold. Indoor Air 17 (3), 226–235. doi:10.1111/j.1600-0668.2007.00474.x



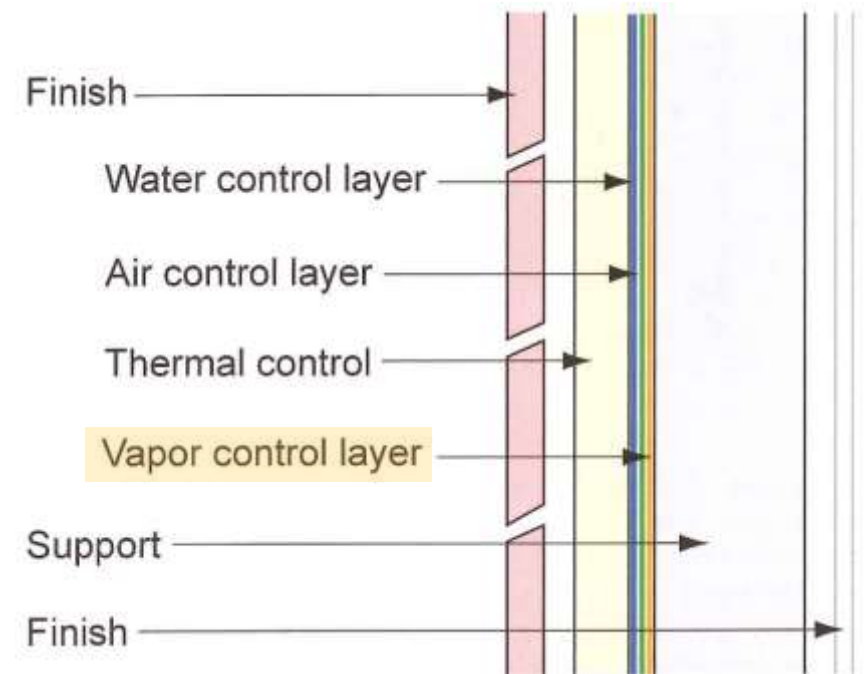
Image Credit: American Phytopathological Society

Wetting / Storage / Drying

Type & Location of Insulation matters

Hygrothermal modeling – ASHRAE 160

Vapor Profile



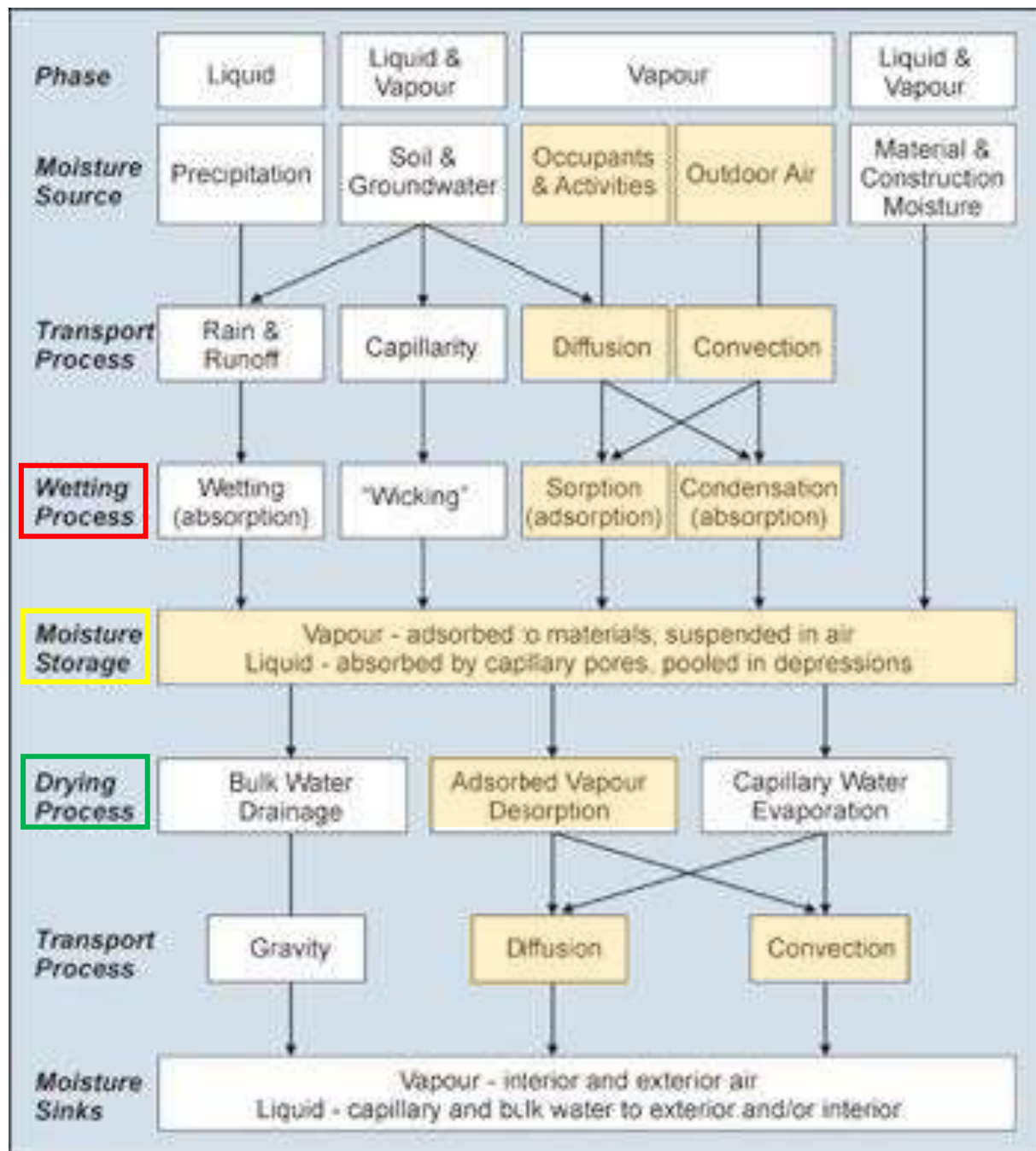
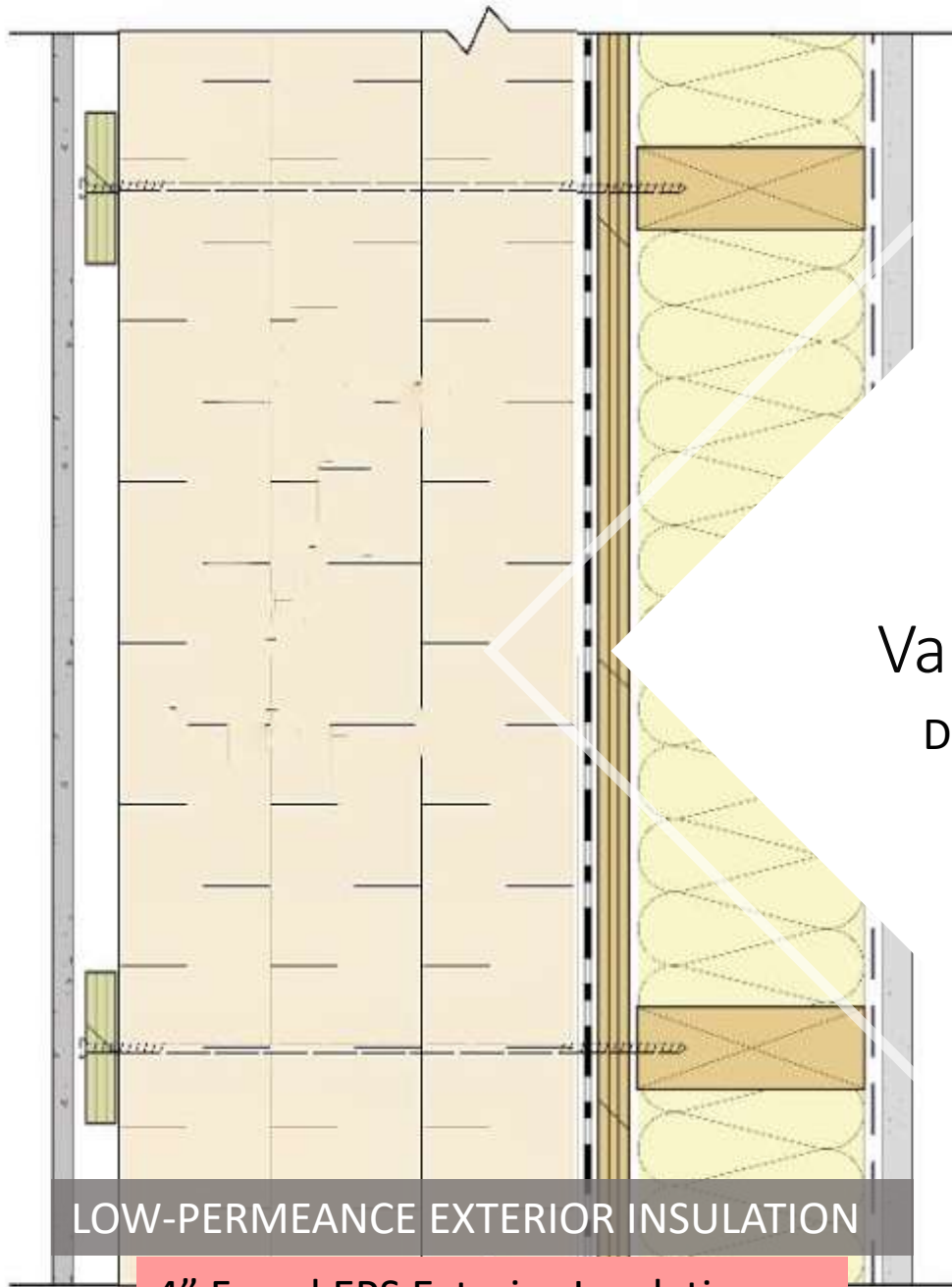


Image Credit: John Straube, ASHRAE Journal

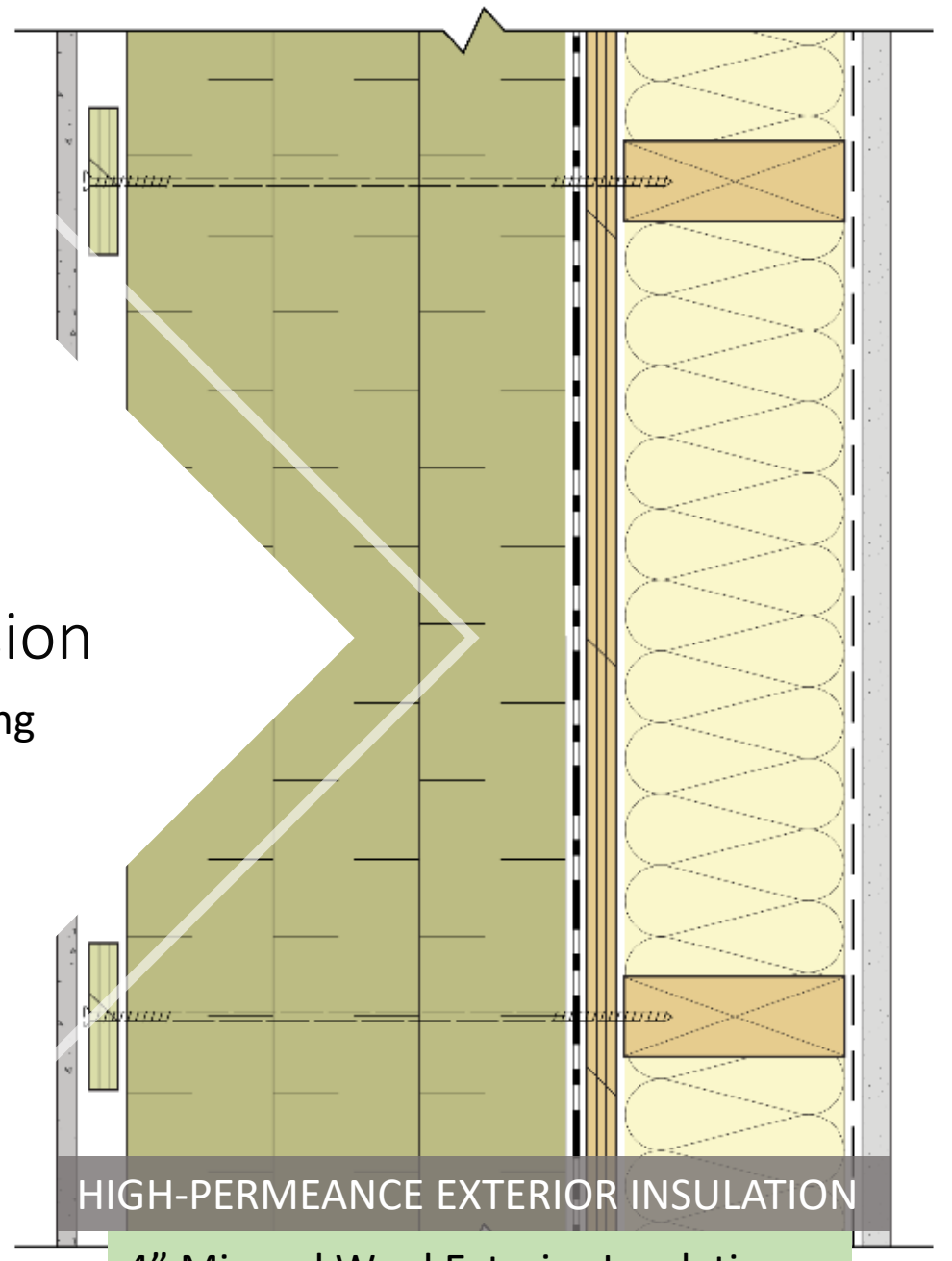


LOW-PERMEANCE EXTERIOR INSULATION

4" Faced EPS Exterior Insulation

Vapor Diffusion

Drying >> Wetting



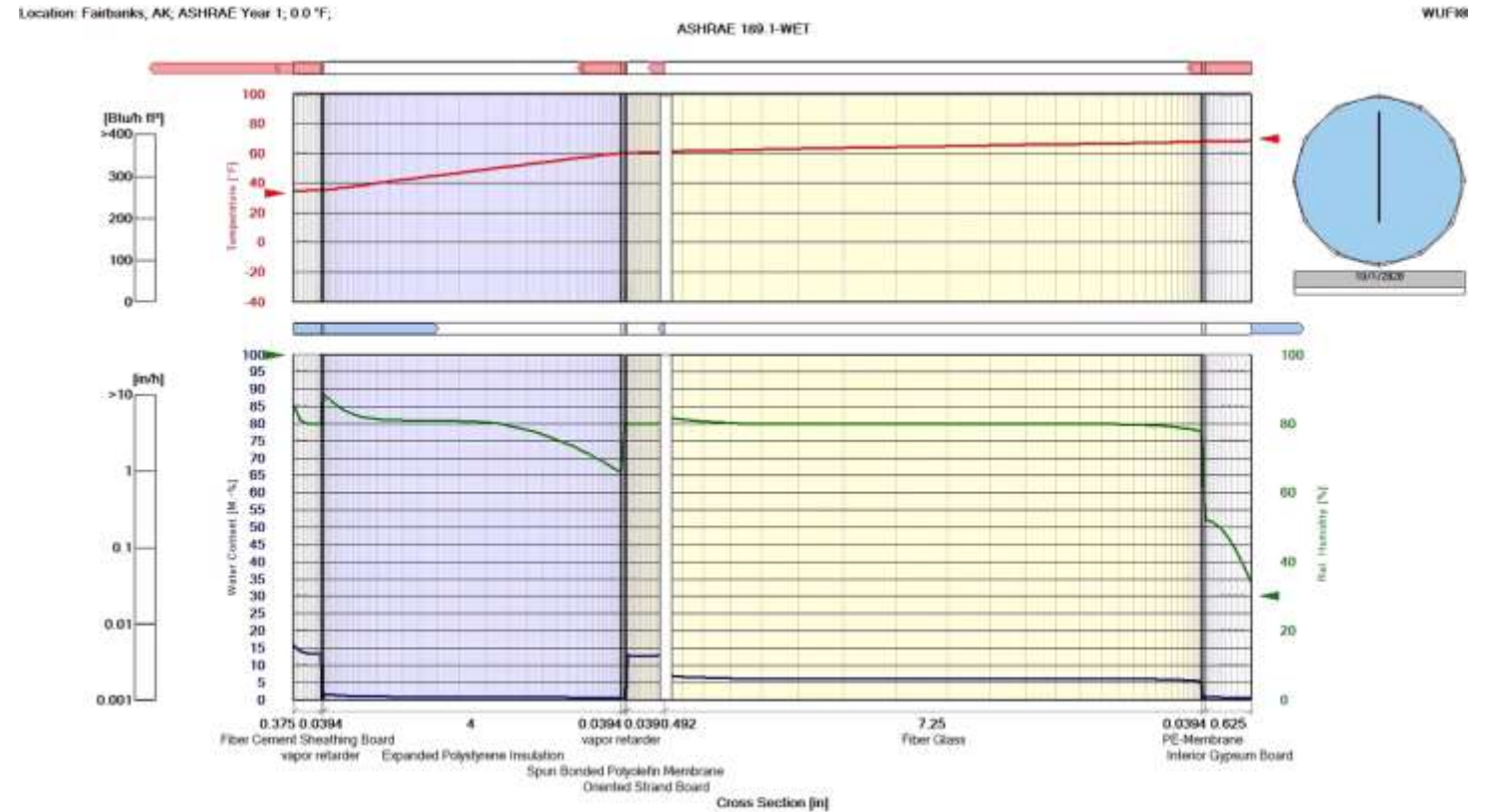
HIGH-PERMEANCE EXTERIOR INSULATION

4" Mineral Wool Exterior Insulation

4" Faced EPS Exterior Insulation

Hygrothermal Modeling – Split Insulated Wood Wall with Interior Vapor Barrier and **Low Perm** Exterior Insulation

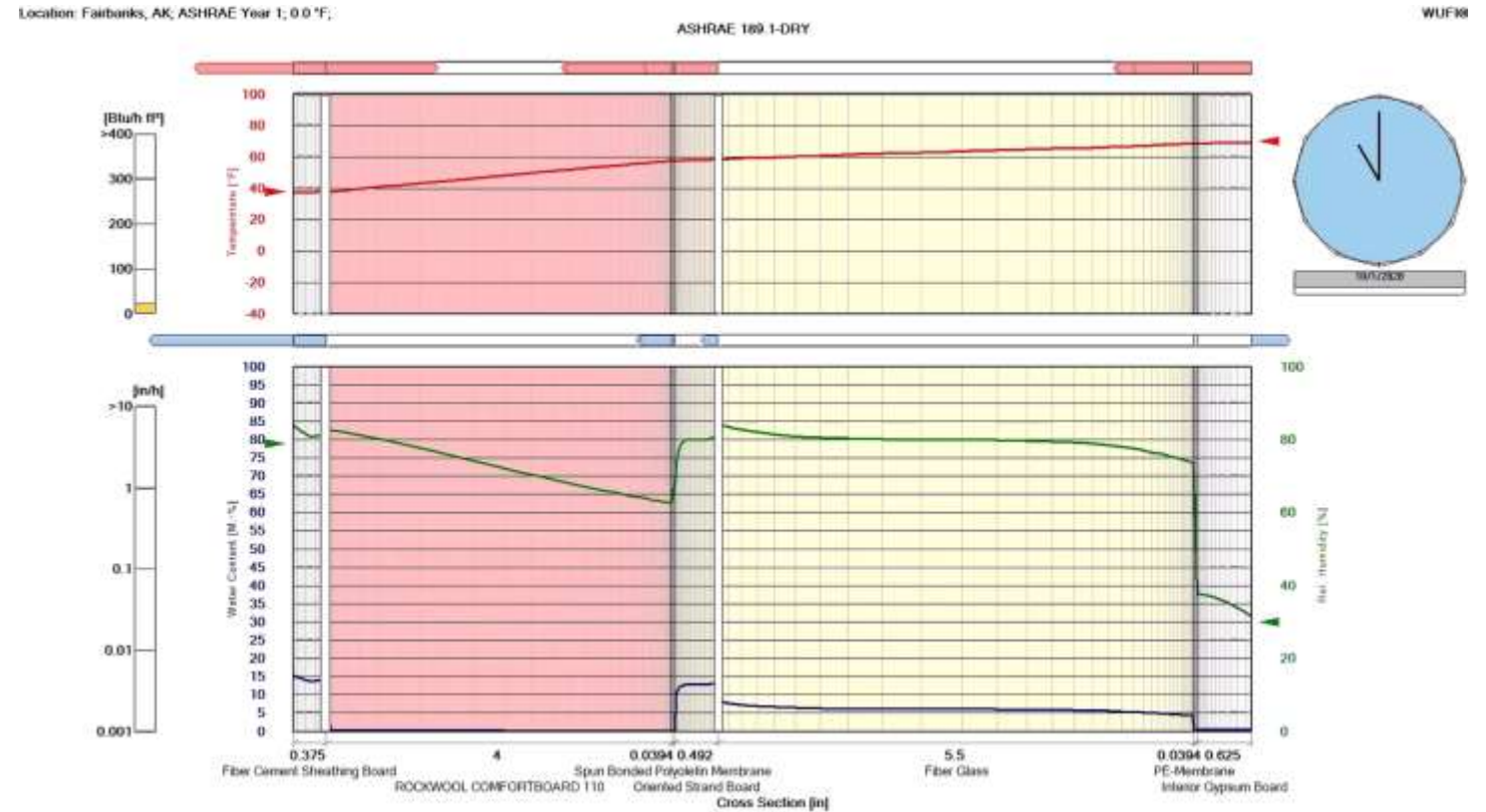
- Large Amounts of Moisture (Blue) accumulate in the OSB during Winter
- Low-Perm materials on both sides of OSB retard the drying process during Summer
- Classic “Double Vapor Barrier” problem



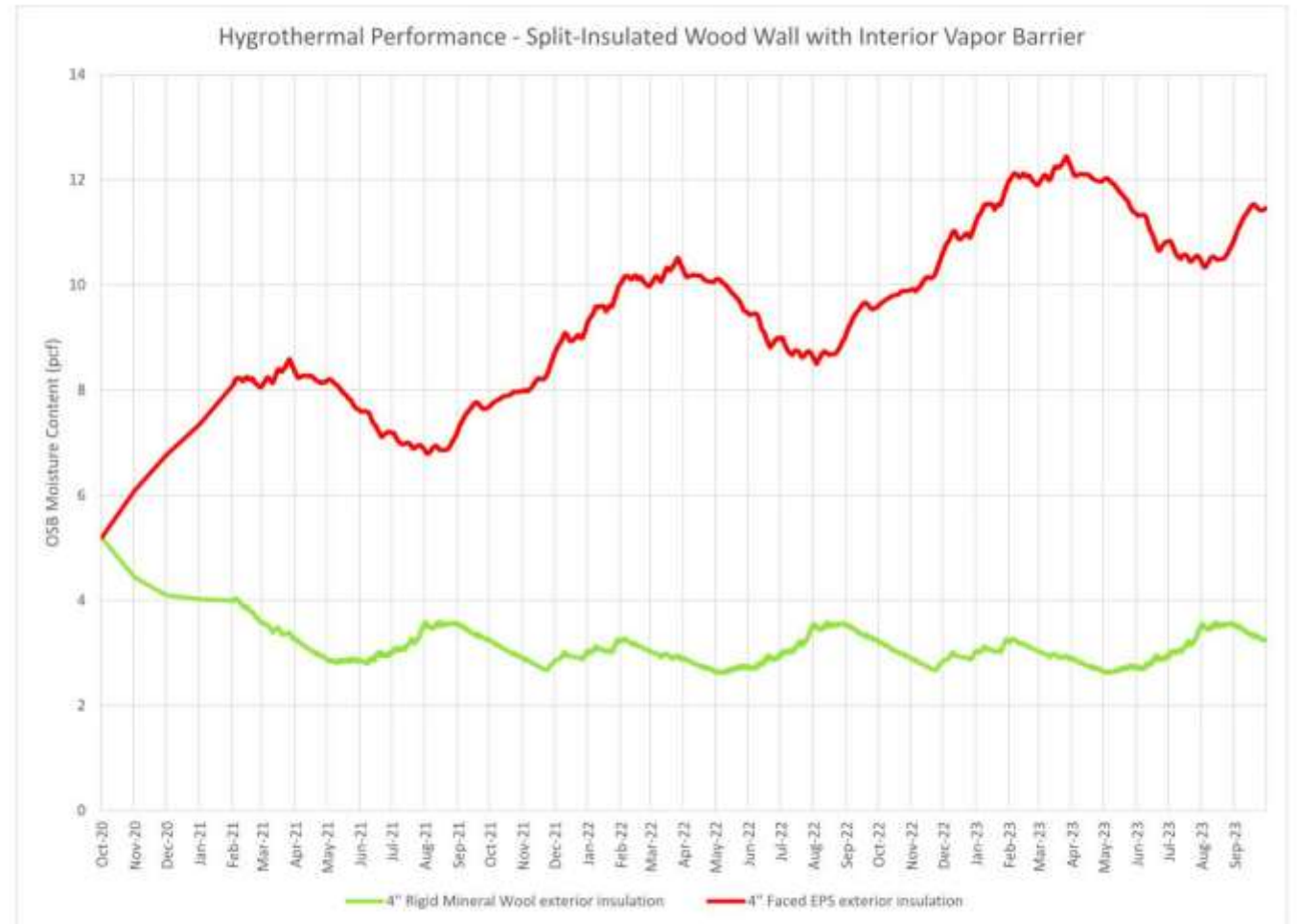
4" Mineral Wool Exterior Insulation

Hygrothermal Modeling – Split Insulated Wood Wall with Interior Vapor Barrier and High Perm Exterior Insulation

- Some Moisture (Blue) accumulates in the OSB during Winter
- High-Perm Mineral Wool exterior insulation expedites the drying process during Summer
- “Dry to the Exterior” – works great in cold, dry climates (Fairbanks)

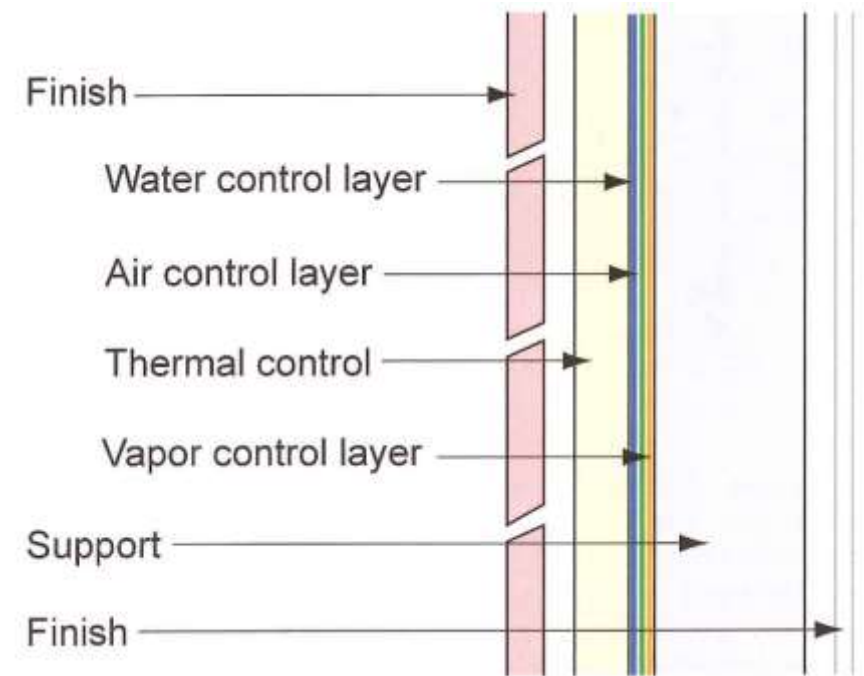


Hygrothermal Modeling – Split Insulated Wood Walls with Interior Vapor Barrier

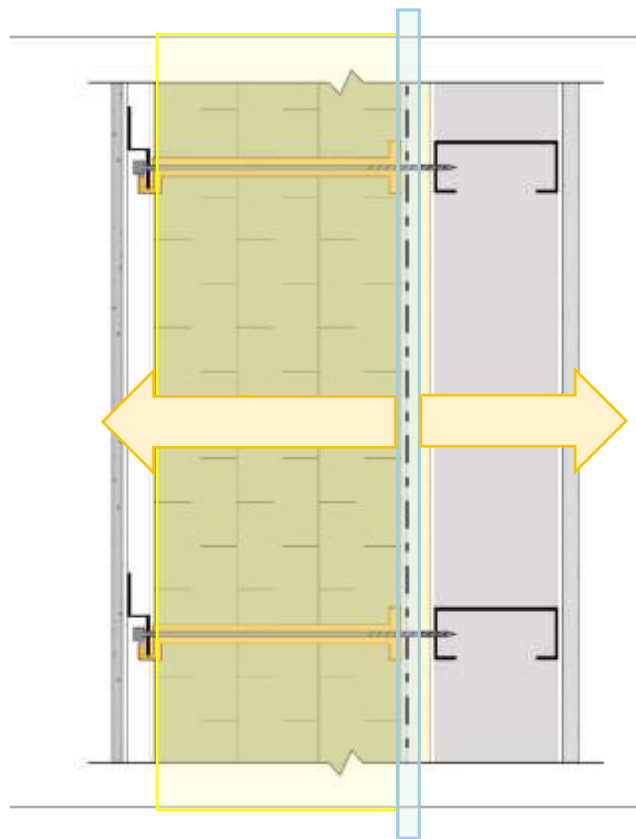


High Performance
Barrier Continuity
Balanced Vapor Profile

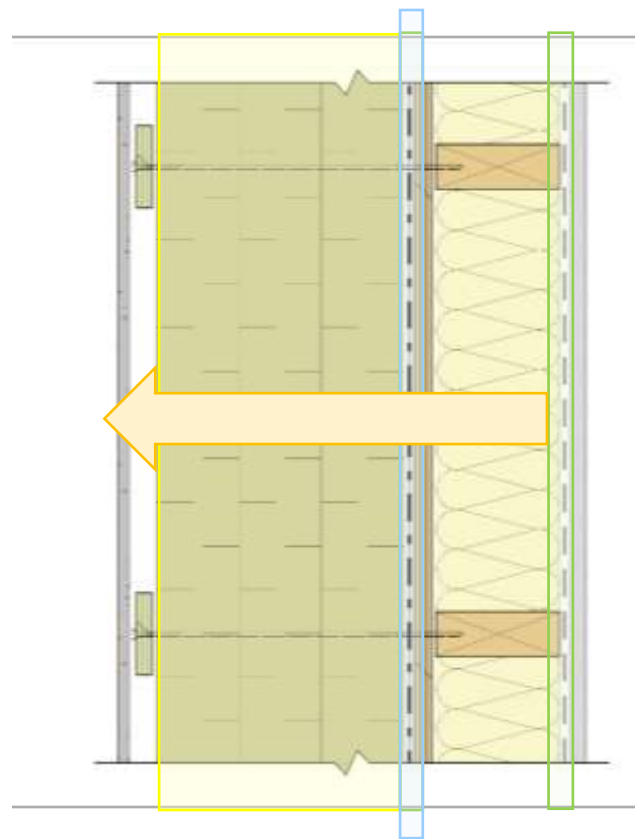
Putting It All Together



Wall Assembly



EXTERIOR INSULATED WALL



SPLIT-INSULATED WALL

Thermal Barrier Continuity

Air Barrier Continuity

Water Barrier Continuity

Balanced Vapor Profile

Devil in the Details

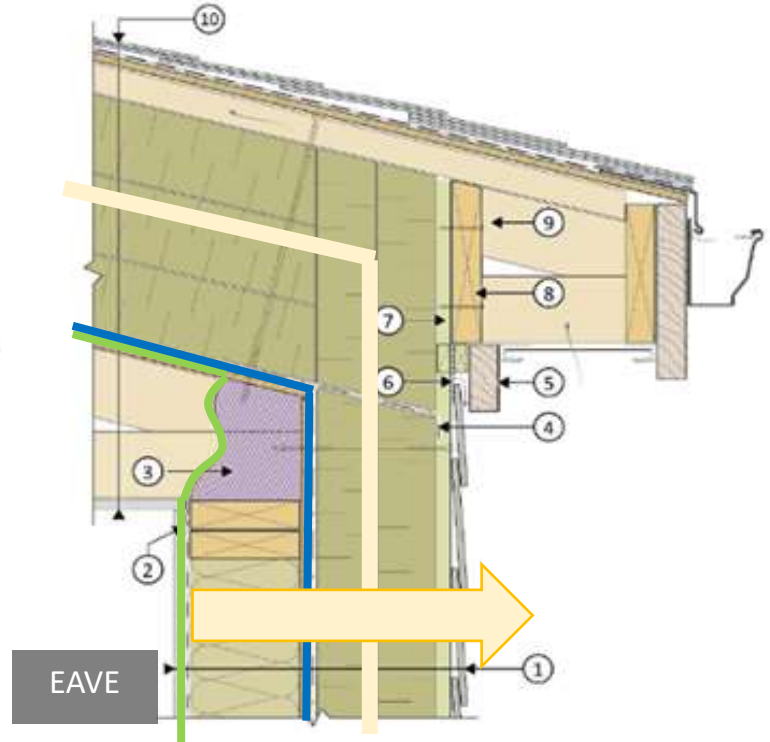
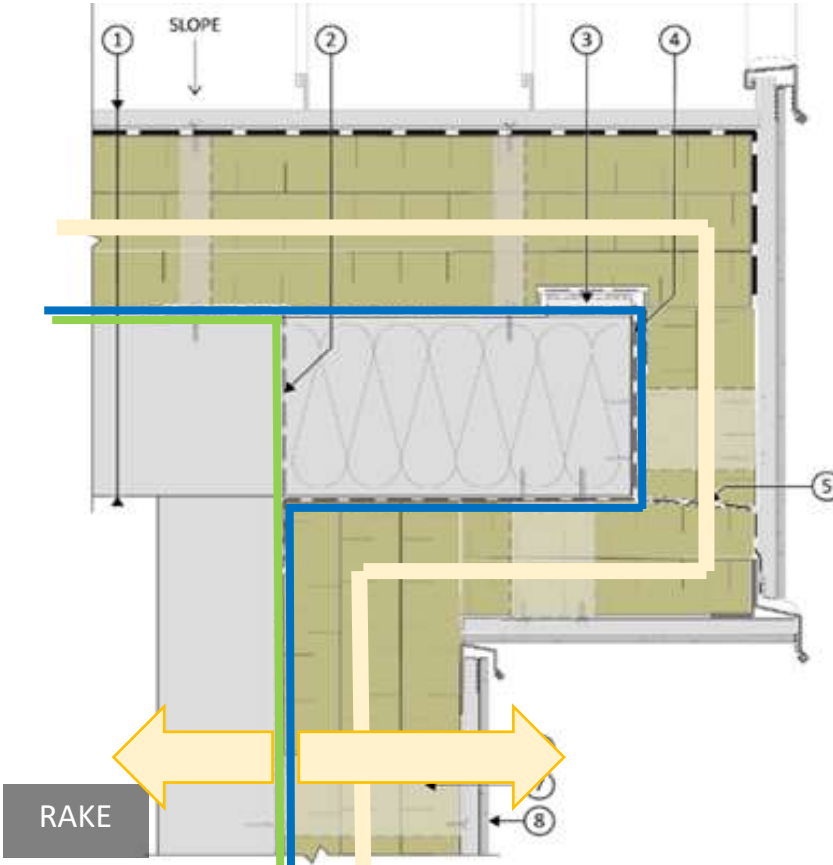
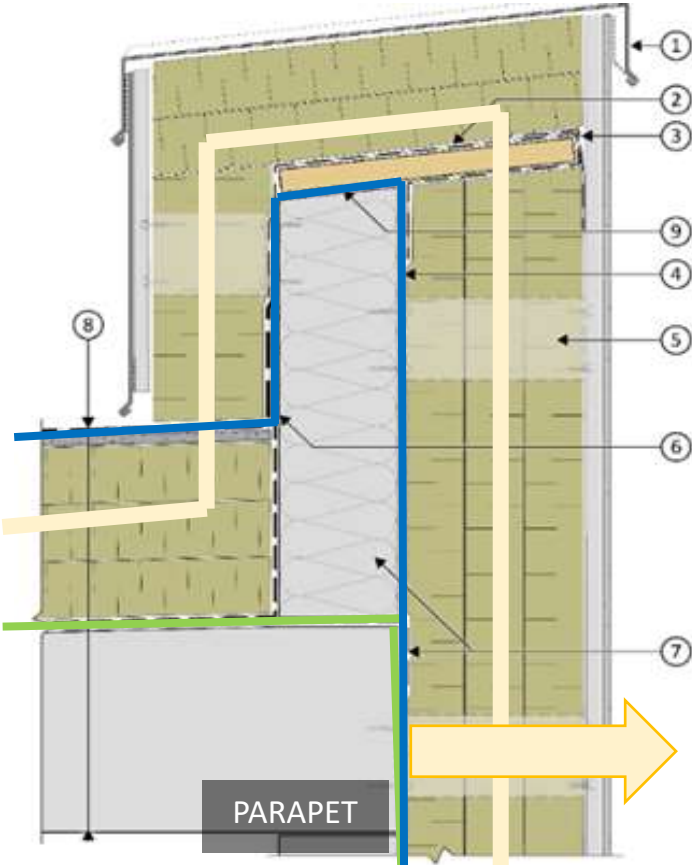
- High Performance
- Barrier Continuity
- Balanced Vapor Profile

Thermal Barrier Continuity

Air Barrier Continuity

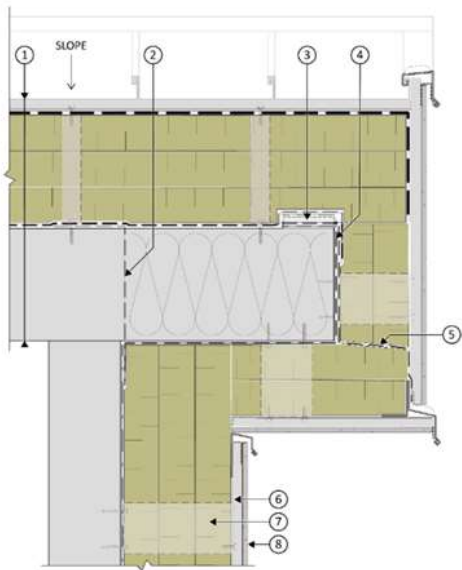
Water Barrier Continuity

Balanced Vapor Profile





Thank You



Lyle Axelarris, PE, LEED AP

Building Enclosures | Design Alaska

Building Envelope Design for Thermal Resiliency

